



Faculty of Health and Medical Sciences

Pre-2017 Study Plan

Bachelor of Health Sciences

Major in Exercise Science

Level I				
S1	ANAT SC 1102 Human Biology IA	PUB HLTH 1001 Health & Illness in Populations	Open Elective Level I	Open Elective Level I
S2	ANAT SC 1103 Human Biology IB	Closed Elective Level I	Open Elective Level I	Open Elective Level I
Level II				
S1	HLTH SC 2104 Essential Understanding of Disease and Treatment	ANAT SC 2009 Musculoskeletal Anatomy	HLTH SC 2102 Principles of Exercise Science	PHYSIOL 2510 Physiology IIA: Heart, Lung & Neuromuscular System
S2	HLTH SC 2103 Contemporary Understanding of Disease and Treatment	HLTH SC 2101 Fundamentals of Biomechanics and Human Movement	Open Elective Level II	Open Elective Level II
Level III				
S1	HLTH SC 3100 Exercise, Nutrition & Metabolism	PHYSIOL 3120 Neuromotor Control of Human Movement	Open Elective Level III	Open Elective Level III
S2	HLTH SC 3201 Exercise, Movement & Cognition	PHYSIOL 3200 Advanced Exercise Science	Open Elective Level III	Open Elective Level III

ALL COURSES ARE WORTH 3 UNITS UNLESS SPECIFIED OTHERWISE

Updated: November 2016

Core Courses for Degree	Core Courses for Major	Elective
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Degree Information

- Students must ensure they are correctly enrolled in accordance with Academic Program Rules: <http://calendar.adelaide.edu.au/>
- A total of 72 units are required to complete the Bachelor of Health and Medical Sciences program.
- Level I Health and Medical Science courses, to the value of **at least 12 units**, which may include the Core courses.
- Level II Health and Medical Science courses to the value of **at least 12 units**, which may include the Core courses.
- Level III Health Science courses to the value of **at least 12 units**, which may include Health and Medical Science electives.

Major in Exercise Science

A major in Exercise Science comprises of 30 units.

A list of alternate majors within the Bachelor of Health Sciences can be found [here](#)

Electives & Broadening

- Closed elective courses* are courses that are offered through the Faculty of Health and Medical Sciences. [A list of these electives can be found on the Faculty of Health and Medical Sciences website](#)
 - Open elective courses* are courses that are offered through the University of Adelaide. A list of these courses can be found on the Course Planner at <https://access.adelaide.edu.au/courses/search.asp>
 - All students must include three courses (9 units) broadening electives. Broadening elective courses* are those which are outside the primary discipline area of study and can be searched using [Course Planner](#)
- * For all courses please check any restrictions and pre-requisites via [Course Planner](#).

Global Experience

A Global Exchange may be included in your program. <http://www.adelaide.edu.au/global-learning/>

Further Information & Enrolment Advice

Faculty of Health and Medical Sciences

Phone: +61 8 8313 0273

Email: askhealthsc@adelaide.edu.au

Make an appointment: www.bit.ly/spss-hub-bookings