

Clinical Psychology Practicum Competencies Rating Scale (CYPRS) Mid Placement Form (CYPRS-MP)

	Trainee's Institution	n of Study (CAPITA	ALS):
Name of trainee	(CAPITALS):	Trainee's ema	iil:
Name of Primary	y Supervisor (CAPITALS):	Supervisor's e	email:
TRAINEE DETAIL	S	1	
Course (eg. Masters)	t		
ear of Training:	Placement Type:	Internal / Externa	al
s the trainee a regis	tered psychologist? Yes / No	Years of Experie	nce:
PLACEMENT DE	ΓAILS		
Name of Placement A	Agency		
Date of Placement (S	tart and end dates)		
Placement number (I	Exclude placements completed before	ore enrolment in	
current course/degre	ee. E.g., 1, 2, 3, 4)		
Placement hours con	npleted as part of the clinical degre	e before this	
olacement (e.g., 100,	/200/300 hours)		
Placement hours con	npleted as part of psychology		
raining before enrol	ment in this degree (e.g., 100/200/	300 hours)	
Client Population (e.g	g., Child, Adol, Adult, Older Adult)		
Placement setting (e.	g., University Clinic, Govt, NGO, Pri	vate)	
Placement Type (e.g.	, Inpatient, Outpatient, Mental Hea	Ilth, Community)	
Client (e.g., Individua	l, Group, Family, Organisation)		
Placement Context/F	ocus (e.g., Assessment, Psyc testing	g, Interventions)	

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SUPERVISOR & SUPERVISION DETAILS

Primary Supervisor

Years of Clinical Experience:
Years of Supervisory Experience:
Specialisation/Area of Practice Endorsement(s)
PsyBA Supervisor Accreditation: Yes / No
Therapeutic Approach/es:
Names of Additional Supervisors (if applicable):
Supervisor 1:
Supervisor 2:
Supervisor 3:

Supervision methods/techniques.

Identify the approximate *percentage of supervision time* during the entire placement you allocated to the following techniques (Total must add up to 100%)

Supervision methods/techniques	Supervision time (%)
Observation of trainee performance followed by feedback	
(DVD, one-way mirror, etc)	
2. Observation of supervisor/expert (co-therapy with supervisor as main	
therapist, etc)	
3. Role play (Supervisor involves the supervisee in a role-play exercise to	
demonstrate clinical skills before discussion & feedback)	
4. Case reports, case presentation, discussion and feedback	
5. Other (Any other method not included above)	
Total	100



SECTION A (Compulsory)

The set of clinical competencies is organised under 10 domains. For each domain, a developmental approach towards attainment of competence is adopted, and four stages from Beginner (Stage 1) to Competent (Stage 4) are identified. Your rating reflects your judgment of the stage that best matches the trainee's **current** performance level (not at placement commencement or a month ago).

DO NOT RATE TRAINEES IN COMPARISON WITH THEIR PEERS, BUT IN REFERENCE TO A NOTIONAL ABSOLUTE STANDARD OF COMPETENT PROFESSIONAL PRACTICE (Stage 4).

Competence at Stage 4 is defined as comprising capabilities, skills, and attributes on par with a graduate who has just completed all requirements of their professional Master's degree.

It is anticipated that ratings across placements during Clinical Masters Years 1 & 2 should reflect progression towards competency and that most trainees will attain Stage 4 at course completion. Performance levels during earlier placements are likely to match Stages 1 and 2 and, as training progresses, move towards Stages 3 and 4.

Competent practice indicates performance that is satisfactory, sufficient, and reasonable, and will meet good-practice standards and expectations of informed authorities and peers (e.g., regulatory and professional bodies). Competence is not conceptualised as approximating the ideal. Following the attainment of competence at Stage 4, professionals may progress to advanced stages (e.g., Proficient levels at Stage 5, and Expert levels at Stage 6).

An important role of supervisors is to be gate-keepers of the profession. So you are strongly encouraged to mention any concerns you might have about the trainee's suitability for clinical practice, slow progress, or specific needs. If you are uncertain about a rating, report the issue as requiring additional discussion /clarification in the Comments section.

Stages	Description of Stages
Stage 1. Beginner	Knowledge, skills, attitude-value and relationship competencies are yet to be developed or at an early stage of development, and are on par with trainees commencing training without any practicum experience. Frequent minor or major inadequacies may be apparent, including difficulty applying knowledge to practice, difficulty managing sessions or conducting specific tasks, or little awareness of process issues. In later placements, a Stage 1 rating indicates failure to demonstrate adequate competency, with more frequent or intensive supervision required than would be expected.
Stage 2.	Knowledge, skills, attitude-value and relationship competencies are developing and while more basic competencies are demonstrated under some circumstances, they may be inconsistent or not generalised. More complex competencies may be absent. Minor inadequacies occur frequently and major problems may occur occasionally, although insufficient to cause serious harm. In later placements, a Stage 2 rating may indicate a failure to demonstrate adequate competency in the domain or a requirement for additional supervision to ensure adequate performance.
Stage 3.	The trainee demonstrates a moderate repertoire of basic knowledge, skills, attitude-value and relationship competencies which are generalised to a wide range of common contexts, with more complex competencies emerging. There is a growing independence and responsibility for their own practice, with only minor inadequacies occurring.
Stage 4. Competent	The trainee demonstrates a wide repertoire of basic to advanced knowledge, skills, attitude-value and relationships competencies applied across a wide range of contexts. Performance is consistent with competencies of a graduate who has just completed all requirements of their professional Master's degree. There is an appropriate level of independence and development of adequate professional identity.



COMPETENCY DOMAINS: Supervisor assessments of most competency domains are mandatory.

However, if the following domains HAVE NOT been targeted for development and if ratings WILL NOT be provided, indicate below:

Domain	Ratings provided	Ratings not provided
Case conceptualisation competencies		
Psychological Intervention competencies		
Psychological Testing competencies		

RATING INSTRUCTIONS: To record your rating, place an arrow on the scale as shown below. The rating below indicates performance at the beginning of Stage 3.



1. Counselling Competencies Demonstrates empathic understanding, application of basic counselling techniques, and collaborative goal formulation with clients.	Stage 1	Stage 2	Stag	e 3 Stage	4
Comment:					

a time efficient and in a personally/socio-culturally sensitive manner, appropriately prioritises issues, and assesses risk. Comment:	2. Clinical Assessment Competencies Performs adequate assessments in	Stage 1	Stage 2	Sta	age 3	Stage 4	
risk.	personally/socio-culturally sensitive manner, appropriately						
	risk.						



3. Case Conceptualisation Competencies Appropriately integrates information from multiple sources to inform appropriate case conceptualisations, diagnoses, and treatment plans. Comment:	Stage 1	Stage 2	Stage 3	Stage 4
4. Intervention Competencies Skilfully implements appropriate, empirically supported treatment interventions; monitors treatment progress and outcomes.	Stage 1	Stage 2	Stage 3	Stage 4
Comment:				
5. Ethical Attitude and Behaviour Demonstrates knowledge of ethical/professional codes, standards and guidelines, and commitment to their application. Maintains appropriate and respectful boundaries and seeks consultation on ethical issues.	Stage 1	Stage 2	Stage 3	Stage 4
Comment:				

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6. Scientist Practitioner Competencies Demonstrates knowledge of theoretical and research						
evidence related to diagnosis,		Stage 1	Stage 2	Stage 3	Stage 4	
assessment and intervention.	ļ.		1	1		1
Shows respect for scientific		,	3			-
methods and empirical	t.		4	1		4
evidence and commitment to						
their application to clinical						
practice.						
Comment:						
,	ı -					
7. Professionalism						
Demonstrates effective organisation and time						
management. Clear and		Stage 1	Stage 2	Stage 3	Stage 4	
professional expressive skills,	ľ.		1	1		Ì
professional dress and demeanour.))			3	
Good interactional skills with	Å					
colleagues and other professionals.						
Comment:						
comment.						
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8. Psychological Testing Competencies						
Applies knowledge to correctly						
select, administer, score and		Stage 1	Stage 2	Stage 3	Stage 4	
interpret common psychometric						
tests, and to generate		,				
psychometric reports.						
Demonstrates knowledge of psychometric issues and testing						
theory.						
Comment:						



9. Reflective Practice Demonstrates self-care, self-awareness and reflectivity reflection on own emotions, beliefs, values and behaviour and their effect on others. Appropriately self corrects.	H	Stage 1	Stage 2	Stage 3	Stage 4	
Comment:						
Comment.						
10. Response to Supervision						
Demonstrates good preparation		Stage 1	Stage 2	Stage 3	Stage 4	
and collaboration within	f		1	Ť		
supervision, openness to and		32		-		
effective use of feedback.				I		
						_
Comments						
Comment:						



SECTION B

PLACEMENT PROGRESS

IMPORTANT: Whereas in the previous section, trainees were assessed based on a notional absolute standard of competence, ITEMS IN THIS SECTION MUST BE RATED RELATIVE TO PERFORMANCE OF PEERS AND WITH RESPECT TO THEIR CURRENT STAGE OF DEVELOPMENT. Thus "unsatisfactory, slow, or excellent progress" may be assigned to trainees at any stage of development.

Please rate the trainee's progress thus far. Ensure your rating is not influenced by the reasons that may have contributed to the trainee's progress/lack of progress. If progress is below levels expected, please comment on factors in the free-text section below (e.g., attitudinal barriers, and personal issues including illness).

Unsatisfactory Progress	Progress is considerably slower than the pace expected at this stage of training. Consequently, little or no change has been observed in the trainee's capabilities. Major deficits in one or more areas that are of serious concern.
Slow progress	Some progress has been made, but progress has been uniformly slow across most domains, or has been achieved following above-average investments of staff resources. Rate of progress is below the standard expected at this stage of training.
Inconsistent Progress	Progress has been inconsistent or patchy across time and/or domains, with satisfactory progress achieved some of the time/in some domains but not all the time/across all domains.
Developing Well	Consistent and good progress has been achieved. The rate of progress matches expectations for trainees at this stage of training.
Excellent progress	The trainee has made accelerated progress during the placement, much above the rate expected at this stage of training.

Comment (<u>required</u> if progress is *Unsatisfactory, Slow* or *Inconsistent*):



SECTION C

SUPERVISOR'S OVERALL EVALUATION: place a tick in appropriate box.

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Unsatisfactory	Serious concerns about trainee's competencies and/or rate of progress.
Satisfactory (Pass)	Trainee has demonstrated competencies at or exceeding expected standards at this stage of training

Supervisor's Comments (Optional)			
Supervisors may mention goals, rate of progress made during placement. If comment refers specifically to one or more of the 10 domains rated above, please mention domain name			
Supervisor's Signature:	Date:		
Additional Supervisors:	Date:		
Clinical Trainee's Signature:	Date:		